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| Lazy Instant Pot Cabbage Rolls (Keto)  Yield: 12 to 16  Prep time: 10 minutes  Total time: 30 minutes Ingredients1 head cabbage chopped2 lbs ground meat796mL can diced tomatoes2 teaspoon oregano ½ yellow onion, chopped  Salt and pepper to taste  Sauerkraut Directions  1. Chop cabbage, onion and set aside. 2. Brown meat in instant pot (or on stove, it’s faster….) 3. Put meat, onion, cabbage, diced tomatoes, oregano, salt and pepper to taste (I usually start with 1.5 teaspoons of salt) and 1 cup water into instant pot. 4. Cook on manual, high pressure for 13 minutes. Quick release 5. Serve with butter (optional) and top with sauerkraut. 6. Store remaining in fridge for a week of freeze for 6 months  Special Diet Information Keto friendly | Shopping ListGreen/Red CabbageGround MeatOnion Sauerkraut  Diced tomatoes |